

Ypsilanti Housing Commission July 2023 Newsletter



Don't forget to vote!

It's happening! The Strong Future resident council election is now underway. If you are a Strong Future Resident (Sauk Trail, Hollow Creek, Towner, Scattered Sites), now is your chance to impact your community. All residents of Strong Future should have received a ballot in the mail.

There are two ways to cast your votes: scan the QR code and vote electronically or drop off your completed ballot at the Sauk Trail Office. The deadline to submit your cast votes is July 12th, 2023.

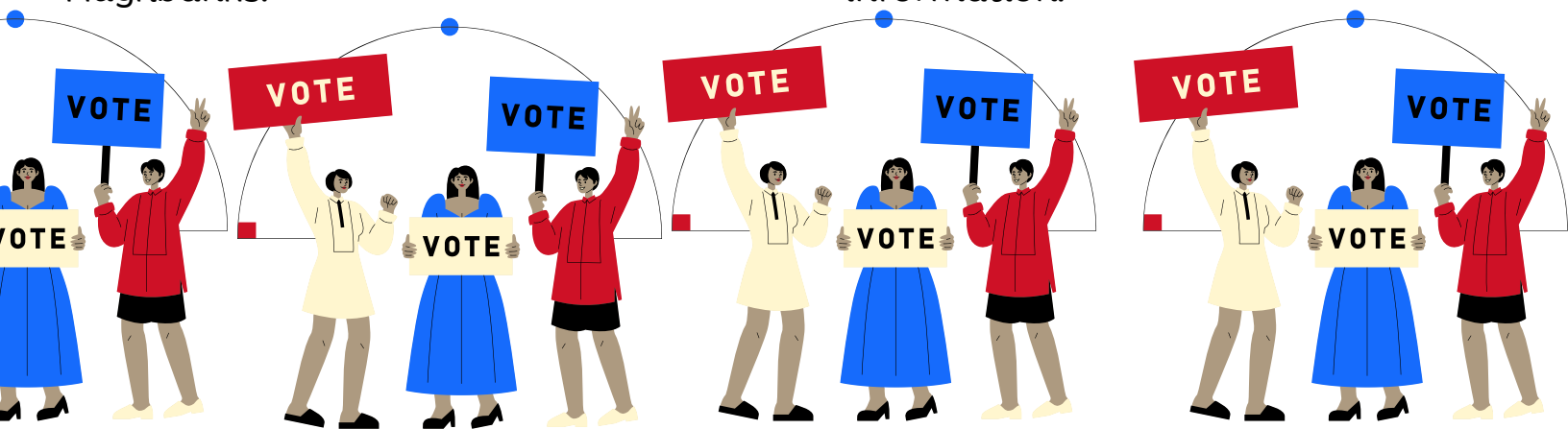
We want to encourage everyone to submit their votes. If you are experiencing difficulties or have questions about submitting your ballot, please contact Christa Hughbanks.

National Night Out

Mark your calendars for Tuesday, August 1st! National Night Out is quickly approaching. We invite the entire YHC community to come out and have fun, build communities, and make memories.

National Night Out will again be taking place at Rutherford Pool/Recreation Park. So be sure to bring your swimsuit! As a reminder, children can not enter the pool area without being accompanied by an adult. Swimsuits will be provided to individuals who need them. More information regarding this is coming soon.

Transportation to and from National Night Out will be provided. See attached flyer for additional information.



Family Empowerment Program

➔ What is the Family Empowerment Program?

The Family Empowerment program was created to provide individuals and families of the YHC with Individualized Supportive Services, which is done by working with our residents to promote self-sufficiency in three key areas - employment, education, and health/wellness.

➔ What can the FEP help with?

FEP staff have varying focus areas, ranging from mental health coordination, education and wellness, senior support, and permanent supportive housing. Available services are quite varied: FEP hosts 6 food pantries a month (Sauk Trail, Hollow Creek, Towner), provides GED courses, afterschool tutoring, transportation, game nights, community events, case management, mental health counseling, financial literacy, and referrals for furniture, home essentials, car repair, assistance with DTE bills, and much more.

➔ Who should I contact for support?

Each YHC community has FEP staff present. Listed below are the staff members in each community. In the event of a crisis, we encourage residents to contact any available FEP staff member in addition to appropriate first responders (EMT, fire department, police department, etc...).

New Parkridge:

- Christa Hughbanks, Mental Health Resident Services Coordinator: (734) 787-2412
- Melinda Miller, Permanent Supportive Housing Coordinator, (734) 787-0239

Hamilton Crossing:

- Lamar Thomas, Resident Services Coordinator, (734) 787-2609

Strong Future, Sauk Trail, Hollow Creek, Towner, Scattered Sites:

- Sergio Hernandez, Senior Resident Cares Coordinator, (734) 757 -5962

***Please note as a reminder that the Family Empowerment Program works to assist residents with their housing needs, crisis situations, and community building. All and any case management is confidential unless the resident has a signed release of information form stating the information discussed may be shared with other parties. If there are concerns regarding program operations, please contact Mark Hammond, Director of the Family Empowerment Program at (734) 787-0290.**

Food Pantry Calendar

July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Towner Food Pantry 1:00 pm	6 Hollow Creek Food Pantry 1:00 pm	7	8
9	10 Sauk Trail Food Pantry 11:00 am	11	12	13	14	15
16	17	18	19 Towner Food pantry 11:00 am	20	21	22
23	24 Sauk Trail Food Pantry 11:00 am	25	26	27	28	29
30	31					

This is an equal opportunity pantry. All are welcome.

Upcoming Events

Events at Hamilton Crossing

Literacy class

- Every Thursday from 5 pm - 6:30 pm, those 16 and up can receive assistance with reading, math, writing, computer skills, and GED preparation.

Learn to make Fresh Salsa

- Monday, July 3rd at 3:30 PM

Navigating Life as a Teenager:

- Every Monday & Thursday from 10 AM - 1 PM

Meet Up & Eat Up:

- Starting July 10th, Monday through Thursday at 12:15 PM

Events / Announcements at New Parkridge

Fatherhood Program

- Any resident who is a father with a child between ages 0-17, and facing barriers or challenges Please contact Christa Hughbanks for information about the father hood program

Summer Learning Series

- The educational series will start in July and take place every Saturday. The location, start date, and time will be announced at the start of July. Scan the QR Code on the attached flyer to sign up.
- Please Contact Christa Hughbanks with any questions surrounding events at New Parkridge.

Upcoming Events

Join us for informative and engaging summer events to promote mental health and wellness, self-help skills, financial awareness, and more.

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**Money Matters:
Empowering Financial
Literacy**

**Expressive Oasis:
Ignite Your Creative
Self-Care**

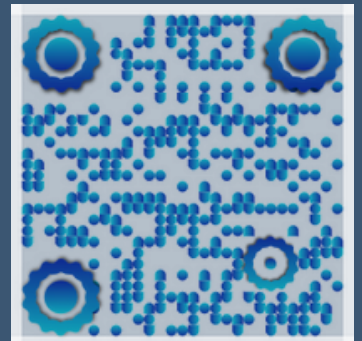
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**Mindful Journeys:
Nurturing Mental Health
and Well-being**

**Community Connections:
Share, Support, Thrive**

Registration Required:

Be sure to complete the online form to get registered. Space may be limited.





Healthy Foods, Healthy Families

Cooking & Nutrition Class

for adults providing food for children

DATE & TIME:
6 Week Series

August 16th—September 20th
Wednesdays
6—8 pm

LOCATION:
831 Hilyard Robinson Way
Ypsilanti, MI 48197

COST:
Offered at no cost
Pre Registration Required
To Register Call
517-264-5312
Or scan QR code



<https://bit.ly/3CGbkKj>



Topics Include:

- How to prepare simple, healthy family friendly meals
- Reading and using food labels
- Learn key messages about each food group & why we need them
- Meal planning and how to create a food budget
- Keep the foods you buy safe for you and your family
- Physical activity recommendations for adults and children
- Weekly hands on cooking experiences with food tastings

Receive a Certificate upon completion with hours attended.

If you have questions you can email them to Vanessa at armst393@msu.edu



Photo credit (left) @pexels.com PNW Productions (top) @pexels.com Vanessa Loring

This course is funded by the Expanded Food and Nutrition Education Program—EFNEP, in partnership with National Institute of Food and Agriculture Cooking Matters is part of MSU Extension's EFNEP program, which provides nutrition education to low-income Michigan residents. You can find more information about MSU Extension's EFNEP program at <https://www.canr.msu.edu/efnep/>

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Police - Community - Fun

YPSILANTI HOUSING COMMISSION

NATIONAL NIGHT OUT 2023

Tuesday, August 1st, 2023
5:00 PM - 7:30 PM

GAMES ★ FOOD ★ DRINKS ★ PRIZES ★ FUN ★ SWIMMING

Rutherford Pool / Recreation Park

1117 S Congress St
Ypsilanti, MI 48197

Transportation will be provided
please see the back of the flyer for
information regarding pick-ups and drop offs

TOGETHER, WE ARE MAKING COMMUNITIES SAFER, MORE CARING PLACES TO LIVE.

SHUTTLE ROUTE

PICK UP

STOP: PARKING LOT 711 TOWNER ST YPSILANTI MI 48198 (PARKING LOT)

STOP: MAUS AVE YPSILANTI MI 48197 (FRONT OF BUILDINGS)

STOP: GROVE ST YPSILANTI MI 48197 (HOLLOW CREEK OFFICE SITE)

STOP: BELL ST YPSILANTI MI 48197 (FRONT OF BUILDINGS)

STOP: W. WASHINGTON ST YPSILANTI MI 48197 (FRONT OF APARTMENTS)

STOP: ADAMS ST YPSILANTI MI 48197 (FRONT OF APARTMENTS)

STOP: HAMILTON CROSSING YPSILANTI MI 48197 USA (HAMILTON CROSSING OFFICE) STOP: 831 HILLYARD ROBINSON WAY YPSILANTI MI 48197 (AMOS BUILDING OFFICE) STOP: 928 W MICHIGAN AVE YPSILANTI MI 48197 (SAULK TRAIL OFFICE)

DROP OFF

RUTHERFORD POOL 975 CONGRESS ST YPSILANTI MI 48197

CONTINUOUS SHUTTLE SERVICE

PICK UP

RUTHERFORD POOL 975 CONGRESS ST YPSILANTI MI 48197

DROP OFF

STOP: 928 W MICHIGAN AVE YPSILANTI MI 48197 (SAULK TRAIL OFFICE)

STOP: 831 HILLYARD ROBINSON WAY YPSILANTI MI 48197 (AMOS BUILDING OFFICE) STOP: HAMILTON CROSSING YPSILANTI MI 48197 (HAMILTON CROSSING OFFICE) STOP: ADAMS ST YPSILANTI MI 48197 (FRONT OF APARTMENTS)

STOP: W. WASHINGTON ST YPSILANTI MI 48197 (FRONT OF APARTMENTS)

STOP: BELL ST YPSILANTI MI 48197 (FRONT OF BUILDING)

STOP: GROVE ST YPSILANTI MI 48197 (HOLLOW CREEK OFFICE SITE)

STOP: MAUS AVE YPSILANTI MI 48197 (FRONT OF BUILDINGS)

STOP: PARKING LOT 711 TOWNER ST YPSILANTI MI 48198 (PARKING LOT)

Please read!

1. Shuttle pick-up starts at 4:45 PM and will continue through the evening - last pickup @ pool is at 8:15PM
2. *Residents must check-in at registration table to receive wrist bands for pool, food, and prizes*
3. Only YHC residents will be allowed access to the pool area, and free food will be limited to YHC residents ONLY.
4. All young children need adult supervision

E BICYCLE RODEO FREE EVENT!



Saturday August 5th 9am-12pm

George Gervin Game Above Center

799 N. Hewitt Road, Ypsilanti MI 48197



6th Annual

- Free Refreshments
- Free Bicycle Tune Ups
- Free Helmets
- Free Safety Checks
- Free Giveaways
- Much More!



GAME ABOVE
EASTERN MICHIGAN UNIVERSITY

BIGGS & GUNST
ATTORNEYS AT LAW

